

NATIONAL SERVICE SCHEME

Introduction

National Service Scheme (NSS) was introduced in 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Very appropriately, the motto of NSS is "NOT ME, BUT YOU". An NSS volunteer places the 'community' before 'self'.

NSS - BASIC CONCEPTS

The overall aim of National Service Scheme as envisaged earlier, is to give an extension dimension to the higher education system and orient the student youth to community service while they are studying in educational institution. The reason for the formulation of this objective is the general realization that the college and +2 level students have a tendency to get alienated from the village/slum masses which constitute the majority of the population of the country. The educated youth who are expected to take the reins of administration in future are found to be unaware of the problems of the village/slum community and in certain cases are indifferent towards their needs and problems. Therefore it is necessary to arouse the social conscience of the students, and to provide them an opportunity to work with the people in the villages and slums. It is felt that their interaction with the common villagers and slum dwellers will expose them to the realities of life and bring about a change in their social perception.

Objectives:

The broad objectives of NSS are to:

- (i) Understand the community in which they work
- (ii) Understand themselves in relation to their community;
- (iii) Identify the needs and problems of the community and involve them in problem solving process;
- (iv) Develop among themselves a sense of social and civic responsibility;
- (v) Utilize their knowledge in finding practical solution to individual and community problems;
- (vi) Develop competence required for group living and sharing of responsibilities;
- (vii) Gain skills in mobilizing community participation;
- (viii) Acquire leadership qualities and democratic attitude;
- (ix) Develop capacity to meet emergencies and natural disasters and
- (x) Practice national integration and social harmony.

The Motto of NSS

The motto or watchword of the National Service Scheme is: 'NOT ME BUT YOU'. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day programme.

NSS Symbol

The symbol of the National Service Scheme, as appearing on the cover page of this Manual is based on the 'Rath' wheel of the Konark Sun Temple situated in Orissa. These giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun-chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and upliftment.

NSS Badge

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme of community service. The Konark wheel in the symbol has eight bars which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for service of the nation round the clock i.e. for 24 hours. The red colour in the badge indicates that the NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

NSS Day

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate programmes and activities.

NSS Song

During Silver Jubilee Year the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS programmes and celebrations. The theme song cassette is available and the theme song is given in the end of the Manual.

NSS PROGRAMMES AND ACTIVITIES

The National Service Scheme was started to establish a meaningful linkage between the campus and the community. Mahatma Gandhi, the Father of the Nation, had recognized that the country could not progress in a desired direction until the student youth were motivated to work for the upliftment of the villages/community. For Gandhiji the villages, where majority of the population lived, represent the country i.e. India. Therefore, for the national reconstruction and national resurgence it was deemed fit that the students and teachers should be properly sensitized and utilized for strengthening the Indian society as a whole with particular emphasis on rural community. Therefore, student youth, teachers and the community are considered the three basic components of the National Service Scheme.

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NSS UNIT (NATIONAL SERVICE SCHEME) LIST OF EVENTS



A.Y. 2021-22

S.No.	Name of the activity	Date	No. of Students Participation
1	Blood Donation Camp	17.02.2022	60
2	Awareness Program On Organ Donation	12.02.2022	120
	MLR District Level Science Fair	30.11.2021	120
3	MLR District Level Science Fair	04.11.2021	120
4	MLR District Level Science Fair	02.11.2021	120
5	Swatch Barath	27.12.2021	17
6	Haritha Haram	24.07.2021	143

LIST OF EVENTS

A.Y.2020-21

S.No.	Name of the activity	Date	No. of Students
			Participation
1	International Yoga Day	21.06.2020	229
2	Haritha Haram	15.07.2020	68
3	Blood Donation Camp	03.11.2020	138
4	Awareness Program On Voting	23.01.2021	98
5	Health camp	08.02.2021	104

LIST OF EVENTS

A.Y.2019-20

S.No.	Name of the activity	Date	No. of Students
			Participation
1	Haritha Haram	06.09.2019	118
2	Blood Donation	24.07.2019	187
3	Health Camp	06.03.2020	174
4	College Level Essay Writing &Elocution Competition	18.01.2020	127



MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT

(AN AUTONOMOUS INSTITUTION)

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Accredited by NBA and NAAC with 'A' Grade & Recognized Under Section2(f) & 12(B)of the UGC act,1956

NSS UNIT (NATIONAL SERVICE SCHEME)

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BLOOD DONATION CAMP

With the instructions from Govt. of India and NSS Unit of MARRI LAXMAN REDDY Institute of Technology and Management successfully organized BLOOD DONATION in the college campus on 17.2.2022.

Blood donation is an act of selfless service by a donor, to save the recipient's life. Any healthy individual between the age of 16 and 60 can donate blood. Only a maximum quantity of 350 milliliters of blood can a donor give in one time. Blood donation is a painless act which takes only 10-15 minutes

Total No. of Participants: 60 Members



NSS Program Officer

AWARENESS PROGRAM ON ORGAN DONATION

On the occasion of NSS day (24.09.2020), NSS Unit MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT Awareness Program on Organ Donation successfully organized on 12.2.2022 with the staff members and students as per COVID – 19 rules & regulations. Trainer given awareness about the social responsibility about Organ donation means the transfer of a healthy organ from one body to another. Organ Transplant is the name of the surgery used for an organ transplant. The donor donates his organ to someone in need called a receiver. Donation of the organ is possible in both ways, before death and after death.

Total No. of Participants: 120 Members



NSS Program Officer

DISTRICT LEVEL SCIENCE FAIR

With the instructions from Govt. of India and NSS Cell, NSS Unit of *MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT* successfully organized in the college MLR District Level Science Fair campus 30.11.2021 with the available students and staff members by following COVID – 19 rules & regulations. At the same time information is given to all the students (through online platforms) to do physical activities at their places to make themselves fit and also to motivate others by doing so. Science fair provides our students the opportunity to apply scientific processes to problems or questions that interest them. Students performing science is the greatest achievement for teachers of science education. With that understanding, science fairs are practical and relevant.

Total No. of Participants: 120 Members



NSS Program Officer

DISTRICT LEVEL SCIENCE FAIR

With the instructions from Govt. of India and NSS Cell, NSS Unit of *MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT* successfully organized in the college MLR District Level Science Fair campus on 4.11.2021 with the available students and staff members by following COVID – 19 rules & regulations. At the same time information is given to all the students (through online platforms) to do physical activities at their places to make themselves fit and also to motivate others by doing so. Science fair provides our students the opportunity to apply scientific processes to problems or questions that interest them. Students performing science is the greatest achievement for teachers of science education. With that understanding, science fairs are practical and relevant.

Total No. of Participants: 120 Members



NSS Program Officer

DISTRICT LEVEL SCIENCE FAIR

With the instructions from Govt. of India and NSS Cell, NSS unit of *MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT* successfully organized in the college MLR District Level Science Fair campus on 02.11.2021 with the available students and staff members by following COVID – 19 rules & regulations. At the same time information is given to all the students (through online platforms) to do physical activities at their places to make themselves fit and also to motivate others by doing so. Science fair provides our students the opportunity to apply scientific processes to problems or questions that interest them. Students performing science is the greatest achievement for teachers of science education. With that understanding, science fairs are practical and relevant.

Total No. of Participants: 120 Members



NSS Program Officer

SWACCH BARATH

With the instructions from Govt. of India and NSS Unit of *MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT* successfully organized Swacch Barath on 27.12.2021 with the staff members and students as per COVID – 19 rules & regulations. The Swachh Bharat Abhiyan was launched on 2nd October 2014 from Raj-Ghat New Delhi because it was Gandhi Jayanti. The aim of this campaign was set to get clean and open defecation free India by 2nd October 2019. The Prime Minister of India Mr. Narendra Modi called this campaign "Satyagrah se Swachhagrah.



NSS Program Officer

HARITHA HARAM

With the instructions from Govt. of Telangana and NSS Cell JNTUH, NSS *MARRI LAXMAN REDDY INSTITUTE OF TECHNOLOGY AND MANAGEMENT* successfully organized HARITHA HARAM in the college campus on 24.7.2021 with the available staff members by following COVID – 19 rules & regulations. At the same time information is given to all the students (through online platforms) to do Green India Challenge activity among students and plant a tree activity at their places to provide awareness among all.

Total No. of Participants: 143 Students 22 Staff Members Saplings Planted: 100



NSS Program Officer



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5	Health camp	08.02.2021	104

INTERNATIONAL YOGA DAY

With the instructions from Govt. of India and NSS Cell, NSS Unit of Marri Laxman Reddy Institute of Technology And Management successfully organized International Yoga Day on 21.06.2020 with the staff members and students as per COVID-19 rules & regulations. "International Day of Yoga" observed on June 21st every year, is a moment of pride for India, because Yoga, the ancient Vedic exercise was originated in India. Today it is practiced by millions of people from different ethnicities, throughout the globe.

Total No. of Participants: 229 Members



HARITHA HARAM

With the instructions from Govt. of Telangana and NSS Cell, NSS unit of Marri Laxman Reddy Institute of Technology and Management successfully organized **HARITHA HARAM** in the college campus on **15.7.2020** with the available staff members by following **COVID** –**19 rules & regulations**. At the same time information is given to all the students (through online platforms) to do Green India Challenge activity among students and plant a tree activity at their places to provide awareness among all.

Total No. of Participants: 68 Students 22 Staff Members

Saplings Planted: 110



BLOOD DONATION CAMP

With the instructions from Govt. of India and NSS Unit of Marri Laxman Reddy Institute of Technology and Management successfully organized **BLOOD DONATION** in the college campus on **3.11.2020**Blood donation is an act of selfless service by a donor, to save the recipient's life. Any healthy individual between the age of 16 and 60 can donate blood. Only a maximum quantity of 350 milliliters of blood can a donor give in one time. Blood donation is a painless act which takes only 10-15 minutes

Total No. of Participants: 138 Members



HEALTH CAMP

As a part of Social Responsibility, NSS Unit MLRITM has organized following activities:

- 1. Social Networking Campaign through WhatsApp/Face book/Instagram/Twitter/Telegram
 - Hand Wash Challenge Video Making
 - Dubsamsh Challenge –
 - Painting Competition -
- 2. Food Distribution
 - For Police Officers who were in duties
 - For People who are affected due to lockdown
- 3. Information about Testing Centre's was given through Social Media
- 4. Moral Support to the people affected with Covid 19
 - Interacting with them through Online making them active Mentally Strong
- 5. Done activity for the staff and students, to follow Covid -19 protocols during UniversityExam Conduction.
- **6.** Awareness about vaccination
 - ✓ No. of Staff participated: 30
 - ✓ No. of Students participated:74
 - ✓ Attached sample photos



AWARENESS PROGRAM ON VOTING

With the instructions from Govt. of Telangana and NSS Cell, NSS unit of Marri Laxman Reddy Institute of Technology and Management successfully organized **Awareness program on voting** in the college campus on **23.1.2021** with the available staff members by following **COVID** –**19 rules & regulations**. Elections are an integral and essential part of a democracy. It gives the citizens the power to choose a person or party who will lead the country. It provides a chance for the citizens to choose a leader who will bring development and growth in the country.

Total No. of Participants: 98 Members





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4	College Level Essay Writing & Elocution Competition	18.01.2020	127

NSS Program Officer

HARITHA HARAM

With the instructions from Govt. of Telangana and NSS Cell, NSS Marri Laxman Reddy Institute of Technology and Management, as successfully organized HARITHA HARAM in the college campus on 6.9.2019 with the available staff members by following COVID – 19 rules & regulations. At the same time information is given to all the students (through online platforms) to do Green India Challenge activity among students and plant a tree activity at their places to provide awareness among all.

Total No. of Participants: 118 Students 22 Staff Members

Saplings Planted: 150



NSS Program Officer

HEALTH CAMP

As a part of Social Responsibility, NSS Unit MLRITM has organized following activities:

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 - Dubsamsh Challenge –
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- **5.** Done activity for the staff and students, to follow Covid -19 protocols during UniversityExam Conduction.
- **6.** Awareness about vaccination
 - ✓ No. of Staff participated: 74
 - ✓ No. of Students participated: 100
 - ✓ Attached sample photos



NSS Program Officer

BLOOD DONATION CAMP

With the instructions from Govt. of India and NSS Unit of Marri Laxman Reddy Institute of Technology and Management successfully organized BLOOD DONATION in the college campus on 24.7.2019. Blood donation is an act of selfless service by a donor, to save the recipient's life. Any healthy individual between the age of 16 and 60 can donate blood. Only a maximum quantity of 350 milliliters of blood can a donor give in one time. Blood donation is a painless act which takes only 10-15 minutes

Total No. of Participants: 187 Members



NSS Program Officer

REPORT ON COLLEGE LEVEL EASSAY WRITING & ELOCUTION COMPETITION

Marri Laxman Reddy Institute of Technology and Management successfully organized College level Essay Writing & Elocution Competition in the college campus on 18.1.2020.

Total No. of Participants: 127 Members

